Frequent Questions and Answers Information Sheet

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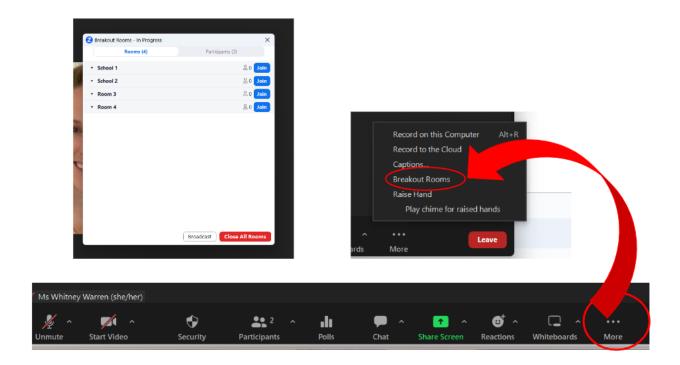
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Virtual Wellbeing Conference (Session 10)				

Zoom Link for sessions:

https://harvard.zoom.us/j/91471558421?pwd=RStINWx1bFdxcitjRko2SnBOaWZqZz09

- Our school needs to edit the participants who will attend. Can I still do this?
 We are no longer enrolling new participants. However, if a participant no longer will be able to join the program, please have this participant directly email rsi.action.research.program@gmail.com with "UNSCRIBE" in the subject line.
- I am still not able to join Moodle. What should I do?
 Fill out the qualtrics form linked here by October 20th. The team at the IB will add you.
 Please note, they will do this in batches so your access will not be instantaneous. After the October 20th deadline, this form will close and the Moodle team will not be adding anymore participants.
- I am not receiving the emails from RSI. What should I do?
 Fill out the qualtrics form linked here. Please note that the Google Sheet we were previously using is **no longer active**. We appreciate you entering your information here.
- Help! Some participants seem unable to join the Zoom sessions?
 You must be logged into Zoom to access Harvard's meetings. Please ensure all participants know how to log into Zoom.
- Our school has enrolled in other components of this program. Where can I go to find updates on timelines and additional information?
 Please look at this website for the most up-to-date information.
- How do I join breakout rooms?
 A white box (top left in image below) should automatically pop up on your screen when breakout rooms are opened. If it does, find your school name and click on the blue "join" button. If your school name is not listed, please write the name of your school in the chat.

If this box does not pop up, please click the 3 dots with "More" written underneath that can be found along the bottom of your Zoom screen. Then select "breakout rooms." When you do this, the white box should pop up on your screen and you will be able to select your school.



- Where can I find all of the resources that you are referring to during the sessions?
 All resources are linked onto the IB Moodle page. If you have not received an invitation or are unable to access Moodle, please fill out this Qualtrics form.
- Is it possible to switch cohorts?

 Yes! It is no problem if you need to switch cohorts. You are welcome to attend a
 make-up session in a different cohort, if that month happens to be a conflict for your
 school. Or, if you want to move cohorts completely, that is also ok. Please send an email
 to rsi.action.research.program@gmail.com with the subject line "Switching Cohort."
- Will all required work take place during the sessions?
 The program has been structured to give you as much time as possible to complete tasks during the sessions. However, there will be a few occasions you will be asked to finish something should you not have time during the session.
- When will educators at our school take the survey?
 Please schedule this at your school sometime between 10 December 2023 and 5 January 2024.

- Where can I learn more about Research Schools International (RSI)?
 Please feel free to explore our Research Schools International website.
- Where can I learn more about the Human Flourishing Program at Harvard?
 Please feel free to explore our <u>Human Flourishing Program at Harvard website</u>.
- I love that this program is free! How is that possible?
 Thanks to the generous grant from the <u>Jacobs Foundation</u> for making that possible.
- What is the connection between the suggested IB microcredentials and this program?
 This program walks you through a collaborative action research process with our team from Research Schools International (RSI) and the Human Flourishing Program at Harvard on supporting student well-being. The IB microcredentials are designed to give you specific action research skills.

Moodle

- How do I find/change my Moodle password?
 You will receive an email with your login details from onlinepd@ibo.org. Instructions are contained within the email as follows:
 - o To change your password, go to the <u>login page</u>.
 - Your user-name is the email address used for your registration.
 - o Enter the password given to you in the email from onlinepd@ibo.org.
 - The first time you log in to the system, it will prompt you to change your password.
 - ***If this doesn't work, please contact systemsupport@ibo.org.
- What do I do if I have forgotten my Moodle password?
 - o Go to the login page.
 - Your username is the email address used for your registration.
 - Click on the forgotten password link to reset your password.
 ***If this doesn't work, please contact systemsupport@ibo.org.

Session 1

- I really enjoyed Dr. Laura Taylor's information during our session. Where can I learn more about her work?
 - You can learn more about Dr. Taylor's work and the work of the Wellbeing Research Centre at the Wellbeing Research Center website.
- How did Oxford determine their wellbeing definition?
 You are welcome to explore this reading.

 Why are we listing examples of school practices and policies that aim to support the key drivers of student wellbeing identified in the framework? What is the goal of this exercise?

Your responses will give us insight into what practices and policies currently take place in schools to support wellbeing. We will use the information collected during this session in our survey, which asks about practices and policies that aim to support wellbeing.

Session 2

- Which steps of the research process will we be responsible for?
 The research questions and data collection instruments (survey) have already been developed. Our team will support you with collecting data, analyzing data, and sharing findings. The research team from RSI and Harvard will guide you through each of these steps.
- I am interested in exploring additional research questions. How can I research those?
 While we do not have the capacity to look at other questions as part of this project, you can look at the IB action research microcredentials for guidance if you choose to go forward independently.
- What are the research questions we are exploring in this study?
 - To what degree do educators report that their schools support student wellbeing and core components of student wellbeing (i.e., life satisfaction, happiness and mental health, and meaning and purpose)?
 - To what degree do educators report that their schools support key drivers of student wellbeing?
 - To what degree do educators report that their schools implement practices and policies that aim to support key drivers of student wellbeing?
 - What are some illustrative examples of practices and policies aimed at supporting student wellbeing in schools across various ages and cultures?
- What is the purpose of this research study? What do we hope to accomplish through our participation?
 - This collaborative action research project will explore the research questions above.
- I want to learn more about action research. Where can I find more resources?

 One option is exploring the IB microcredentials which give an overview of how to approach the action research process in schools.

Session 3

- We have several questions we would like to add to the survey. Why can we only submit one to be considered?
 - We have to keep the survey short to avoid survey fatigue.
- What will we do with all the data that we gather?

Throughout the sessions, you will learn how to analyze your data. At the end of Phase 1, you will present your findings.

Session 4

Session 5

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Session 6

• Why are some of the codes already included and then we need to write others? Qualitative coding can be done deductively (top down) and inductively (bottom up). The codes that we have already included match Oxford's key drivers of wellbeing. We want information on these since research suggests that they promote wellbeing. However, we also want to know what else is happening in schools. Therefore, we are asking you to categorize and code the additional data. We believe many wonderful ideas come directly from schools. We want researchers and educators to learn from and share ideas with one another.

Session 7

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Session 8

What is the benefit of our school participating in the optional additional coding activity?
 While not mandatory, this data will give your school a deeper understanding of areas for growth in promoting wellbeing at your school.

Session 9

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Virtual Conference (Session 10)

- What date will this be held?27 June 2024
- Should our school start preparing from the beginning of the sessions?
 No, we will give you time to prepare for this during our sessions.
- How many representatives from my school can attend?
 All interested participants from your school are welcome to attend.
- What will the presentations include?
 You will share the research findings from your school. We will go over this in more depth throughout the sessions. The course is designed to set you up to be successful at the

conference. You will get more information and clear instructions as we go throughout the sessions.











