

CAS helping to bring the IB Learner profile into the IB Diploma

Bringing the new CAS guidelines
into focus

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Aims of CAS



- To provide for the personal development of the student.



Aims of CAS

- To help students to care about others less fortunate than themselves



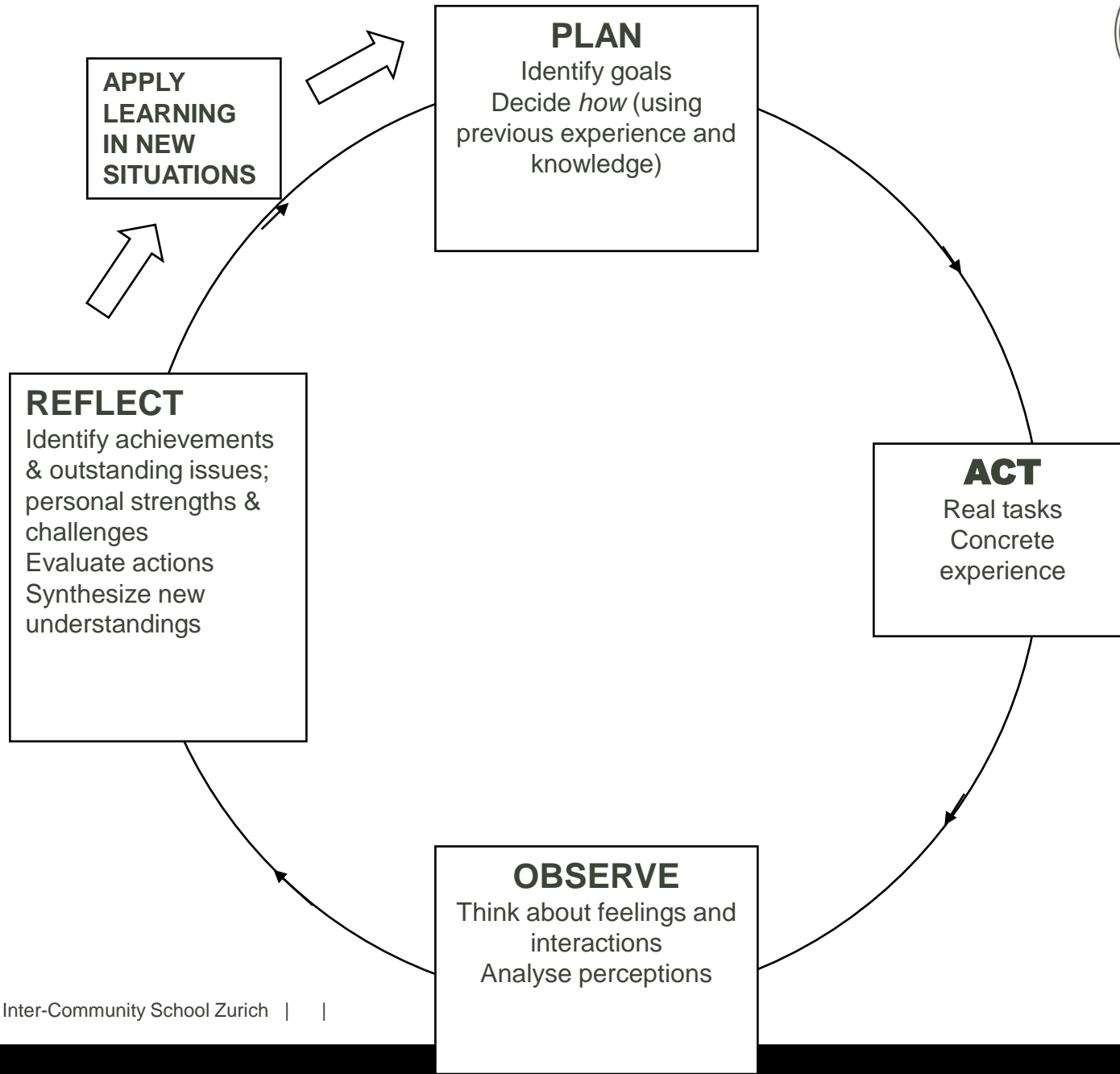
Aims of CAS

- To allow students to pursue individual interests as a distraction from the academic demands of the syllabus and have some fun....
- To develop an awareness of other cultures



How are students going to do this?

- *Through the cycle of experiential education*





A piece of personal experiential education

- You have each been given a piece of paper
- Now I want you to create something of beauty with your piece of paper. It could be.....



Please be prepared to share
with your neighbour...

- What your object of beauty is...
- Why you think this is beautiful?



If you were given your time again

- Would you have created the same thing?
- What else could you have created?
- This little exercise was an exercise in reflection a necessary part of any CAS experience



The new CAS guide

encourages:

- A wide range of challenging CAS activities
- Quality reflections on the students experiences



Student responsibilities

- ❑ Must do CAS for 18 months of the diploma programme (should be a bare minimum of approximately 150 hours of activities)
- ❑ Must keep a record of their reflections
- ❑ Are expected to carry out at **LEAST ONE CAS** project in collaboration with other students that includes two or more areas of CAS



Student responsibilities

- Self review at the start of the programme
- Set goals for the programme
- Plan, do and reflect on their activities
- Meet with the CAS Adviser



What will be the characteristics of a good student CAS programme?

- Students will have meaningful reflections on their activities (the aim is for quality rather than quantity)
- The students have carried out a CAS project (It has involved working with other students in 2 of the CAS areas)



A good student CAS programme

- The student has demonstrated 8 Learning outcomes through the entire CAS programme.

(These outcomes are based on the IB Learner profile).



The Learning outcomes are...

1. Increased awareness of their own strengths and areas for growth.
(Derived from being *Balanced and Inquirers*)
2. Undertaken new challenges
(Derived from being a *Risk taker*)



Learning outcomes cont'd

3. Planned and initiated activities
(Derived from being *Inquirers and Communicators*)

4. Worked collaboratively with others
(Derived from being a *communicator*)



Student Learning Outcomes of CAS cont'd

5. Shown perseverance and commitment
in their activities.

(Derived from *Caring*)

6. Engaged with issues of global
importance

(Derived from *Knowledgeable,
Thinkers*)



Student Learning Outcomes of CAS

7. Considered the ethical implications of their actions

(Derived from *Open minded, Principled and Reflective*)

8. Developed new skills

(Derived from *Balanced*)



How are we going to know if students have achieved these outcomes?

Watching the students carrying out their wide range of challenging activities.

Interviews with CAS advisers (There are supposed to be 3 of these).



A listening exercise

- Now I would like you to listen to an interview with an IB Diploma student in the first year of the course.
- Can you identify the learning outcomes this student has achieved?



How are we going to know if the outcomes have been achieved?

- By seeing student reflections that may be in the form of:

Blogs

Power point presentations

Podcasts

Video/film

Diaries or journals



A challenge for schools

- Is to provide support for the CAS Coordinator with CAS advisors who will help to monitor individual students programmes



"All that we do is but a drop of water in the ocean. But if we didn't contribute that drop there would be no ocean." (Mother Theresa)

